

## **puruShasUkthaM**

shrI  
shrIMathe rAMAnujAya naMah |  
shrI nigaMANtha MaHA dheshikAya naMah |

pamchasUkthAni

puruShasUkthaM

Harih oM  
|| pUrvAnuvAkah ||

saHasrashIrShA puruShah | saHasrAkShassaHasrapAth |  
sa bhUMim vishvatho vRuthvA | athyathiShTadhdhashA~GgulaM || 1 ||

puruSha evedhagam sarvam | yadhbhUtham yachcha bhavyaM |  
uthAMRuthathvasyeshAnah | yadhannenAthiroHathi || 2 ||

ethAvAnasya MaHiMA | atho jyAyAgAMshcha pUruShah |  
pAdho&sya vishvA bhUthAni | thripAdhasyAMRutham dhivi || 3 ||

thripAdhUrDhva udhaithpuruShah | pAdho&syeHAbhavAthpunah |  
thatho viShva~GvyakrAMath | sAshanAnashane abhi || 4 ||

thasMAdhvirAdajAyatha | virAjo aDhi pUruShah |  
sa jAtho athyarichyatha | pashchAdh bhUMiMaTho purah || 5 ||

yathpuruSheNa HaviShA | dhevA yaj~JaMathanvatha |  
vasantho asyAsIdhAjyaM | grIShMa iDhMashsharadhDhavih || 6 ||

sapthAsyAsanpariDhayah | thrissapthasaMiDhah kRuthAh |  
dhevA yadhyaj~Jam thanvAnAh | abaDhnan puruSham pashuM || 7 ||

tham yaj~Jam barHiShi praukShan | puruSham jAthaMagrathah |  
thena dhevA ayajantha | sADhyA RuShayashcha ye || 8 ||

thasMAdhyaj~JAthsarvaHuthah | saMbhrutham pRuShadhAjyaM |  
pashUgmsthAgAMshchakre vAyavyAn | AraNyAngrAMyAshcha ye || 9 ||

thasMAdhyaj~JAthsarvaHuthah | RuchassAMAni jaj~Jire |  
ChandhAgmsi jaj~Jire thasMATH | yajusthasMAdhajAyatha || 10 ||

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thasMAdhashvA ajAyantha | ye ke chobhayAdhathah |  
gAvo Ha jaj~Jire thasMATH | thasMAjjAthA ajAvayah || 11 ||

yathpuruSham vyadhaDhuh | kathiDhA vyakalpayan |  
Mukham kiMasya kau bAHU | kAvUrU pAdhAvuchyethe || 12 ||

brAHMaNo&sya MukhaMASith | bAHU rAjanyah kRuthah |  
UrU thadhasya yadhvaishyah | padhbhyAgM shUdhro ajAyatha || 13 ||

chandhraMA Manaso jAthah | chakShossUryo ajAyatha |  
MukhAdhindhrashchAgnishcha | prANAdhvAyurajAyatha || 14 ||

nAbhyA AsIdhantharikShaM | shIrShNo dhyaussaMavarthatha |  
padhbhyAm bhUMirdhishashshrothrAth | thaThA lokAgAM akalpayan || 15 ||

vedhAHaMetham puruSham MaHAnthaM | AdhithyavarNam thaMasasthupAre |  
sarvANi rUpANi vichithya DhIrAh | nAMANi kRuthvA&bhivadhan yadhAsthe |16|

DhAthA purasthAdhyaMudhAjaHAra | shakrah pravidhvAnpradhishashchathasrah |  
thaMevam vidhvAnaMRutha iHa bhavathi | nAnyah panThA ayanAya vidhyathe 17|

yaj~Jena yaj~JaMayajantha dhevAh | thAni DharMANi praThaMAnyAsan |  
the Ha nAkam MaHiMANassachanthi | yathra pUrve sADhyAssanthi dhevAh |18|

|| uththarAnuvAkah ||

adhbhyassaMbhUthah pRuThivyai rasAchcha | vishvakarMaNassaMavarthathADhi |  
thasya thvaShtA vidhaDhadhrUpaMethi | thathpuruShasya vishvaMAjAnaMagre | 1 |

vedhAHaMetham puruSham MaHAnthaM | AdhithyavarNam thaMasah parasthAth |  
thaMevam vidhvAnaMRutha iHa bhavathi | nAnyah panThA vidhyathe&yanAya | 2 |

prajApathishcharathi garbhe anthah | ajAyaMANo baHuDhA vijAyathe |  
thasya DhIrAh parijAnanthi yoniM | MarIchInAm padhaMichChanthi veDhasah |3 |

yo dhevebhya Athapathi | yo dhevAnAm puroHithah |  
pUrvo yo dhevebhyo jAthah | naMo ruchAya brAHMaye || 4 ||

## **puruShasUkthaM**

rucham brAHMam janayanthah | dhevA agre thadhabruvan |  
yasthvaivam brAHMaNo vidhyAth | thasya dhevA asanvashe || 5 ||

HrIshcha the lakShMishcha pathnyau | aHorAthre pArshve |  
nakShathrANi rUpaM | ashvinau vyAththaM |  
iShtam ManiShANa | aMum ManiShANa | sarvam ManiShANa || 6 ||

Harih oM

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## **viShNusUkthaM**

|| nArAyaNAnuvAkah ||

saHasrashIrSham dhevam vishvAkSham vishvasaMbhuvaM |  
vishvam nArAyaNam dhevaMakSharam paraMam padhaM || 1 ||

vishvathah paraMAMnnithyam vishvam nArAyaNagam HariM |  
vishvaMevedham puruShasthadvishvaMupajIvathi || 2 ||

pathim vishvasyAthMeshvaragam shAshvathagam shivaMachyuthaM |  
nArAyaNam MaHAj~Jeyam vishvAthMANam parAyaNaM || 3 ||

nArAyaNaparam braHMa thathvam nArAyaNah parah |  
nArAyaNa paro jyothirAthMA nArAyaNah parah || 4 ||

yachcha kimchijjagathyasMin dhRushyathe shrUyathe&pi vA |  
antharbaHishcha thathsarvam vyApya nArAyaNassThithah || 5 ||

ananthaMavyayam kavigam saMudhre&ntham vishvasaMbhuvaM |  
padhMa koshaprathIkAshagam HRudhayam chApyaDhoMukhaM || 6 ||

aDho niShtyA vithasthyAm thu nAbhyAMupari thiShTathi |  
HRudhayam thadvijAnIyAdh vishvasyAyathanam MaHath || 7 ||

santhathagam silAbhisthu laMbathyA koshasannibhaM |  
thasyAnthe suShiragM sUkShMam thasMinsarvam prathiShTithaM || 8 ||

thasya MaDhye MaHANagnirvishvArchirvishvathoMukhah |  
so&grabhugvibhajanthiShTannAHARAmaJarah kavah || 9 ||

## **puruShasUkthaM**

santhApayathi svam dheHaMApAdhathalaMasthakaM |  
thasya MaDhye vaHnishikhA aNIyorDhvA vyavasThithah || 10 ||

nIlathoyadhaMaDhyasThA vidhyullekheva bhAsvarA |  
nIvArashUkavaththanvI pIthAbhA syAththanUpaMA || 11 ||

thasyAshshikhAyA MaDhye paraMAthMA vyavasThithah |  
sa braHMA sa shivassendhrasso&kSharah paraMah svarAt || 12 ||

Ruthagam sathyam param braHMA puruSham kRuShNapi~GgaLaM |  
UrDhva retham virUpAkSham vishvarUpAya vai naMah || 13 ||

om nArAyaNAya vidhMaHe vAsudhevAya DhIMaHi |  
thanno viShNuh prachodhayAth || 14 ||

om nArAyaNAya vidhMaHe

|| viShNusUkthaM ||

viShNornukam vIryANi pravocham yah pArThivAni viMaMe rajAgamsi  
yo askabhAyadhutharagam sadhasTham vichakraMANasthreDhorugAyo  
viShNorarAtaMasi viShNoh pRuShTaMasi viShNoshshnapthresTho  
viShNossyUraSi viShNorDhruvaMasi vaiShNavaMasi viShNave thvA ||

thadhasya priyaMabhipATho ashyAM | naro yathra dhevayavo Madhanthi |  
urukraMasya sa Hi banDhurithThA | viShNoh padhe paraMe MaDhva uThsah ||

prathadhviShNusthavathe vIryAya | MRugo na bhIMah kucharo giriShTAh |  
yasyoruShu thriShu vikraMaNeShu | aDhikShiyanthi bhuvanAni vishvA |

paro MAthra yA thanuvA vRuDhAna | na the MaHithvaManvashnuvanthi |  
ubhe the vidhMa rajasI pRuThivyAh viShNo dhevathvam| paraMasya viThse|

vichakraMe pRuThivIMeSha ethAM | kShethrAya viShNurManuShe dhashasyan|  
DhruvAso asya kIrayo janAsah | urukShithigam sujaniMAchakAra ||

## **puruShasUkthaM**

thiridhevah pRuThivIMeSha ethAM | vichakraMe shatharchasam MaHithvA |  
praviShNurasthu thavasassthavIyAn|thveShaggam Hyasya sThavirasya nAMa ||

atho dhevA avanthu no yatho viShNurvichakraMe |  
pRuThivyA ssapthaDhAMabhih ||  
idham viShNurvichakraMe threDhA nidhaDhe padhaM |  
saMUDaMasya pAgum sure ||  
thrINi padhA vichakraMe viShNurgopA adhAbhyah |  
thatho DharMANi DhArayan ||

viShNoh karMANi pashyatha yatho vrathAni paspashe |  
indhrasya yujyassakhA ||

thadhviShNoh paraMam padhagum sadhA pashyanthi sUrayah |  
dhivIva chakShurAthathaM ||

thadviprAso vipanyavo jAgRuvAgam sassaMinDhathe |  
viShNoryathparaMam padhaM ||

paryApthyA anantharAyAya sarvasthoMothi rAthra uththaMa MaHarbhavathi |  
sarvasyApthyai sarvasya jithyai sarvaMeva thenApnothi sarvam jayathi ||

Harih oM